

**Position Title:** Exercise Physiologist – Grade 1

**Campus:** Stawell

**Directorate:** Allied Health & Mental Health

**Department:** Exercise Physiology

**Reporting to:** Deputy Manager Exercise Physiology, Allied Health Manager Physiotherapy & Exercise Physiology, Director of Allied Health, General Manager Allied and Mental Health/Chief Allied Health Officer

**Direct Reports:** Nil

### Appointment Terms/Conditions:

**Classification and Code:** Exercise Physiologist - Grade 1, Year 1 –Year 5, dependent of years of experience

**Enterprise Agreement:** Allied Health Professionals (Victorian Public Sector) (Single Interest Employers) Enterprise Agreement

### ORGANISATIONAL INFORMATION

Grampians Health (GH) was established on 1 November 2021, bringing together Edenhope and District Memorial Hospital, Stawell Regional Health, Wimmera Health Care Group and Ballarat Health Services as one united health service. More information can be found at [www.grampianshealth.org.au](http://www.grampianshealth.org.au)

Our purpose is to provide high quality and accessible health care services in each of the communities we serve. We currently service the healthcare needs of more than 250,000 Victorians and we employ more than 6,300 people across 21 campuses and sites with an annual operating revenue of over \$700m.

| <b>Collaboration</b>  | <b>Compassion</b>   | <b>Accountability</b>   | <b>Respect</b>  | <b>Innovation</b>  |
|---|---|---|---|--|
| <i>We are stronger together.</i>  | <i>We show that we care.</i>  | <i>We do what we say and say what we do.</i>  | <i>We appreciate and value all people.</i>  | <i>We adapt and innovate to achieve best outcomes.</i>   |
| Recognising and utilising strengths to share knowledge, solve problems, build relationships and deliver the best outcomes possible. | All people deserve to be treated with compassion, kindness and empathy. | Openness, honesty and transparency support us to be courageous, take responsibility for our actions and follow through on our commitments | Our actions and words reflect our commitment to a safe and fair health service for all. | Every day, we apply expertise and integrity to make responsible choices, always striving for continuous improvement. |

## **POSITION PURPOSE**

This position is primarily allocated to the Stawell campus of Grampians Health. As a Grade 1 Exercise Physiologist you will have experience and knowledge in the relevant branch of your profession. The primary job requirements involve the provision of individual and group clinical Exercise Physiology interventions across a broad spectrum of conditions and programs in both centre and community-based settings. You will be part of the Exercise Physiology, Allied Health and multidisciplinary teams at Grampians Health.

As a Grade 1 allied health professional (AHP) you may be expected to work in various locations and programs within Grampians Health and regional /external services

## **KEY ACCOUNTABILITIES**

### **Clinical**

Provide specialist assessment, diagnosis, treatment / intervention and advocacy for Grampians Health clients:

- 80% time will be spent in client attributable activity as evidenced by analysis of workload statistics
- Ensure the smooth transition of clients through the health care system, liaising with relevant staff and community agencies to ensure continuity of care for individual patients / clients and their families
- Sound knowledge and appropriate use of services relevant to client / family
- Organisational, allied health, program and discipline communication and documentation standards are met, as evidenced by audit
- Active contribution to relevant ward rounds / case conferences and family meetings

Ensure the ongoing ability to provide clinical excellence the Grade 1 AHP will:

- Participate in and meet the standards of the Grampians Health Performance Development & Review Program
- Participate and fulfil requirements of allied health and discipline specific orientation, induction, mentorship, supervision and performance management programs
- Participate in a minimum of one documented quality improvement activity or research project for the discipline annually
- Monitor new developments through journal review, attend and present at relevant Grampians Health in-services
- Monitor and ensure all clinical activity undertaken fulfils or exceeds the applicable competency standards of the profession, and the minimum standards for the programs into which the Grade 1 AHP inputs / relates
- Engage in and support clinical work in your discipline/team that is guided by evidence-based practice and in which outcomes are monitored and modifications are made as required

### **Clinical Support**

#### **1. Communication**

The Grade 1 AHP will maintain effective oral and written communication at all levels

- Active and collaborative participation in the regular Grampians Health discipline meetings and in allied health, service and program meetings as delegated by the Manager, as evidenced by attendance records and peer review feedback at annual performance review
- Maintain effective communication within Grampians Health and with external organisations as evidenced in clinical record audits and via structured feedback such as peer feedback and annual performance review
- Communication with supervisor(s) in relation to clinical and program issues

#### **2. Information Management**

The Grade 1 AHP will ensure information is managed in line with organisational, allied health and discipline standards.

- Documentation standards for all programs served are met as evidenced in audits
- Complete required statistical records for client - related and other activities within the specified timeframes

- Participate in the monitoring and review of data generated for the purposes of discussing staffing requirements and workloads, and for monitoring the efficiencies of new work practices and quality activities.

### **3. Human Resource Management**

In liaison with the Manager and senior staff, the Grade 1 AHP will participate in workforce maintenance and development.

- Participate in discussion regarding staffing requirements
- Participation in the orientation, induction and professional development of students (including work experience students) and other Grampians Health personnel as directed
- Participation in Grampians Health Performance Development & Review Program, Clinical Supervision Program and professional association programs where applicable

### **4. Service Development**

The Grade 1 AHP will participate in the development of services that are accessible to those clients of Grampians Health with the greatest potential to benefit

- Participation in strategic planning, staff meetings, service development and other relevant forums

The Grade 1 AHP will understand and adhere to relevant financial aspects of departmental function

- Participate in discussion pertaining to resource allocation, equipment purchasing and revenue generation
- Have an appreciation of the budget process, practice fiscal responsibility and act in accordance with relevant organisational policies and procedures such as the Grampians Health Delegations of Authority

## **KEY SELECTION CRITERIA**

### **Qualifications**

- Eligibility for practising membership of Exercise and Sports Science Australia.
- Hold current drivers' licence

### **Technical/Professional Knowledge and Skills**

- Sound knowledge and experience in assessment, treatment and management options for sub-acute clients and a demonstrated ability to apply this knowledge.
- Evidence of a commitment to ongoing learning in relevant fields

### **Work Environment**

- Demonstrated ability to develop and empower others through supervision, modelling and training.
- Ability to cooperate and work well with others in the pursuit of team goals
- Demonstrated flexibility and ability to adapt constructively within a busy and dynamic working environment

### **Personal attributes**

- Demonstrated ability to identify, and actively participate in, quality improvement activities and positively influence change as required
- Demonstrated understanding of, and desire to work in the role
- Demonstrated ability to monitor, evaluate and modify own performance through reflective practice

## **ORGANISATIONAL REQUIREMENTS**

- Grampians Health is committed to a consumer centred approach in the provision of health care and services, consistent with our values, purpose and vision. It is expected that team members demonstrate the core values of consumer centred care in every interaction.
- All team members of Grampians Health are responsible for supporting the safety, participation, wellbeing and empowerment of children.
- Quality care is a strategic and operational priority at Grampians Health, achieved through our Governance Framework.
- Participation in the Grampians Health integrated quality improvement and risk management systems by being aware of responsibilities to identify, minimise and manage risks and identifying opportunities for continuous improvement in your workplace through communication and consultation with managers and colleague.
- You must ensure that the affairs of Grampians Health, its patients, clients and staff remain strictly confidential and are not divulged to any third party except where required for clinical reasons or by law. Such confidentiality shall extend to the commercial and financial interests and activities of Grampians Health.
- In accordance with current legislation and organisational policy, employees must be willing to undertake and maintain a police check, working with children check and where necessary a NDIS Worker screening check. Ongoing employment will be dependent on the provision of satisfactory checks.

## **OTHER RELEVANT INFORMATION**

- At Grampians Health we recognise and respect diversity. Each person has a right to high-quality health care and opportunities regardless of diversity factors which might include aspects such as cultural, ethnic, linguistic, religious background, gender, sexual orientation, age, and socioeconomic status. Inclusiveness improves our service to our community and promotes engagement amongst Grampians Health employees.
- All Grampians Health employees are required to take reasonable care of their own health and safety in the workplace as well as take reasonable care for the health and safety of others who may be affected their acts or omissions. Persons with delegated management functions have an additional duty to provide and maintain a working environment that is safe and free of risks to health, so far as is reasonably practicable in areas where they have management or control. All employees have a duty to report issues they cannot rectify, follow all existing Grampians Health policies and protocols relating to health, safety, wellbeing and injury management and cooperate with any action taken by Grampians Health to comply with the OHS Act or Regulations.
- Statements included in this Position Description are intended to reflect in general the duties and responsibilities of this position and are not to be interpreted as being all inclusive.
- Management may alter this Position Description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).
- An annual performance review will occur with your Manager. Your performance review is intended to be a positive discussion, outlining the key roles and responsibilities outlined in this Position Description. The performance review discussion provides an opportunity to clarify your role, revise key performance activities and identify any objectives or goals for the year ahead.