

Diagnostic Services

1 Drummond Street North, P.O Box 577, Ballarat 3350
Phone: (03) 5320 4201 Fax: (03) 5320 4713 Email: diagnostic@gh.org.au
We are located in the GP Building on the 1st floor
directly above the Drummond Street cafeteria. Use the Gold Lifts.

Patient Details:

Examinations Requested:

Clinical History:

Referred by:

Provider Number:

Date:

Signature:

Copy to:

Priority:

- ☐ **Routine** (next available)
☐ **Urgent**

- ☐ **Do not send to my
health record**

Cardiac testing

Examinations available:
(Please tick preferred test)

- ☐ ECG (Cardiac)

Holter monitor

- ☐ 24 hour
☐ 48 hour
☐ 7 day

- ☐ 24 hour blood pressure
monitor
(No MBS rebate)

Pacemaker check

- ☐ Medtronic
☐ Boston Scientific
☐ St Jude/Abbott
☐ Biotronik
☐ Ongoing device
management

Echocardiogram

- ☐ Adult
☐ Paediatric

- ☐ Stress echocardiogram

- ☐ Exercise stress test

Respiratory function testing

- ☐ Spirometry
 ☐ Baseline
 ☐ Continue regular
 long-acting inhaler
 ☐ Supine/erect
 ☐ Without bronchodilator
 response
 ☐ With FeNO
☐ DLCO
☐ Plethysmography (TLV)
☐ MIPs & MEPs
☐ Bronchial provocation
☐ 6 minute walk test

EEG

- ☐ Adult
☐ Paediatric (**2yo+ only**)

For follow up with

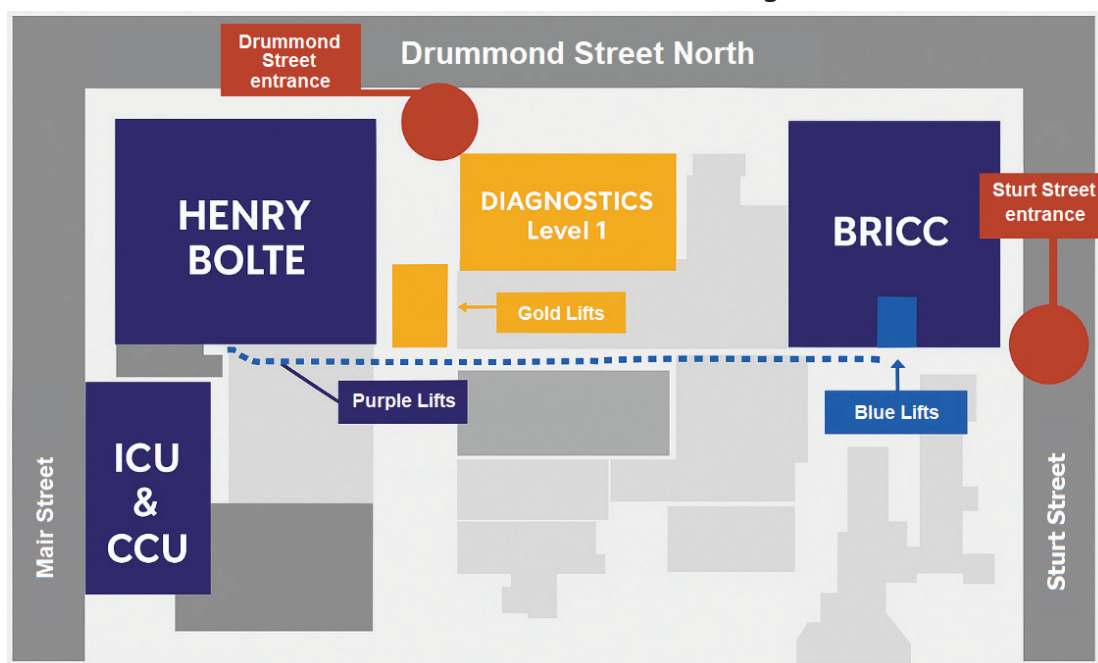
- ☐ GP
☐ OPD clinic:

Date: _____

Inpatient transport

- ☐ Bed
☐ Trolley
☐ Wheelchair
☐ Cot
☐ Oxygen

Enter via the Drummond Street entrance. Take the gold lifts to level 1.



Cardiology referrals must meet the following Medicare requirements:

Echocardiography - Symptoms or signs of heart failure - Ventricular hypertrophy or dysfunction - Pulmonary hypertension - Valvular disease - Pericardial disease - Aortic disease - Congenital heart disease - Cardiac tumour or thrombus - Cardiac source of embolus Note: Only 1 GP referred echocardiogram can be performed every 2 years.	Exercise stress test - Symptoms of cardiac ischaemia - First degree relative with suspected heritable arrhythmia - Other cardiac disease which may be exacerbated by exercise - Car/Truck/Aircraft/etc licence testing (NOT covered by Medicare)
Exercise stress echocardiography - New typical or atypical angina - Known coronary disease with worsening symptoms - ECG changes consistent with coronary disease - Coronary CT or invasive angiogram lesions of uncertain significance - Exertional dyspnoea of uncertain aetiology - Silent ischaemia – limited history of exercise tolerance - Pre-operative assessment before valve surgery - Severe valvular stenosis - Severe valvular regurgitation - Pre-operative assessment prior to MAJOR non-cardiac surgery AND low functional capacity <4 METS AND presence of any 2 of: - Heart failure - Ischaemic heart disease - Stroke/TIA - Renal impairment eGFR <60 - Diabetes on insulin	24 hour holter monitor - Unexplained syncope or presyncope - Palpitations (>1 episode per week) - Suspected arrhythmia (>1 episode per week) - Surveillance post cardiac surgery known to cause arrhythmia - For detection of asymptomatic atrial fibrillation (AF) following a TIA or cryptogenic stroke 48 hour holter monitor - Unexplained syncope - Infrequent palpitations (<1 episode per week) - Other symptoms where a cardiac rhythm disturbance is suspected and where infrequent episodes have occurred 7 day event monitor - Unexplained syncope - Infrequent palpitations (<1 episode per week) - Other symptoms where a cardiac rhythm disturbance is suspected and where infrequent episodes have occurred

Respiratory function and EEG preparation guidelines and patient information

6 minute walk test – No preparation required

Respiratory function test – Inhaler medication may need to be withheld prior to test– see appointment letter

- Please wear shoes easy to remove as a height and weight will be required
- No smoking 1 hour prior to test – it impacts the results
- No strenuous exercise 1 hour prior to test
- If you have a FeNO booked – no eating or drinking 1 hour prior to test and no antihistamines – it impacts the results
- If you have a Mannitol booked – withhold all inhalers, antihistamines and caffeine – see letter for times

A respiratory function test **cannot** be performed if you have:

- An active respiratory infection (cold, flu, pneumonia, RSV, chest infection, COVID, etc)
- Recent surgery
- Recent pulmonary emboli
- Recent heart attack

EEG – Please bring a list of your current medications

- Please wash hair the night before. Do not put sprays, gels, mousse, oils in your hair
- Fast for 1 hour before your appointment
- Wear comfortable clothing
- For a child under 16 they are required to be sleep deprived – please see appointment letter