

Misel

I bin gat wan inkris long ol kes blong misel long Victoria, mo raon long wol.

Tu dos blong misel-mams-rubela (MMR) vaksin hem i bes wei blong protektem yuwan, famle mo komiuniti blong yu agensem misel.

Wanem hem i misel?

Misel hem i wan series siknes we i spred isi tru long kondak long ea taem wan we i kasem i pulum win, kof o snis.

Misel i denjeres, espeseli long ol bebi, yang pikinini, ol woman we oli gat bel mo ol pipol we oli gat wik imiun sistem.

Rabis misel i save lid i go long hospital o ded.

Wanem ol saen blong misel?

Ol saen oli stap kamaot long 7 tu 18 dei afta we yu kasem mo i save gat tu fiva, kof, nus i ron, ae i red mo gat wota, mo wan ras.

Sapos yu ting se yu gat misel, yu mas go tekem tes. Kolem helt seves blong advaesem olgeta se yu maet kasem misel mo werem wan mas we i fitim gud fes blong yu blong stopem spred blong infeksan ya.

Olsem wanem blong protektem yuwan

Yu mas kasem tu dos blong MMR vaksin blong protektem yu blong yu no save kasem sik ya. Sapos yu no gat tu dos ya, o yu no save, yu mas kasem vaksin ya.

Toktok long GP blong yu o lokol famasi blong mekem sua se yu mo famle blong yu i kasem tufala dos ya, o jekem long [ples ya](https://www.betterhealth.vic.gov.au/health/healthyliving/how-to-find-your-immunisation-records):

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Sapos yu stap travel, mekem sua se yu gat tu dos blong MMR vaksin. Sapos yu stap visitim ol fren mo famle, mekem sua se ol vaksinesen blong yu oli apdeit.

Long Victoria, MMR vaksin hem i fri sapos yu yu:

- Yu gat raet anda long Nasonel Imiunaesesen Program:
 - Ol bebe we oli gat 12 mo 18 manis
 - Pipol anda 20 yia we oli nidim blong kasem vaksinesen
 - Ol refuji mo yumaniterian entri blong eni ej.
- Yu gat raet anda long Victoria stet-fan MMR program:
 - Eniwan we i bon long taem o stat long 1966 mo i no bin gat tu dos blong MMR vaksin.
 - Ol bebe we oli gat 6-11 manis bifo oli travel ovasi

Yu no nidim Medicare kad blong gat akses long stet-fan MMR vaksin ya.

Blong kasem moa infomesen long misel mo hao blong protektem yuwan mo ol narawan visitim [Better Health Channel - Measles](https://www.betterhealth.vic.gov.au/health/conditionandtreatments/measles)

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Blong kasem dokumen ya long wan nara fomat, ringim [1300 651 160](tel:1300651160), yusum National Relay Service 13 36 77 sapos i gat nid from, o imelem infectious.diseases@health.vic.gov.au <infectious.diseases@health.vic.gov.au>.

Oli otoraesem mo pablisim tru long Victorian Government, 1 Treasury Place, Melbourne.

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