

Position Title: Eating Disorder Clinician- Mental Health

Campus: Ballarat

Directorate: Grampians Mental Health Wellbeing Services

Department: Grampians Mental Health Service

Reporting to: Deputy Operations Director: Active Stream

Direct Reports: NIL

Appointment Terms/Conditions:

Classification and Code: Registered Psychiatric Nurses Grade 4, (NP75-NP77), Psychologist Grade 3, Social Worker Grade 3 (PL1-PL4), Social Worker Grade 3 (YC46-YC49), and Occupational Therapist Grade 3 (YB24-YB27)

Enterprise Agreement: Victorian Public Mental Health Services Enterprise Agreement; and Medical Scientists, Pharmacists and Psychologists Victorian Public Sector (Single Interest Employers) Enterprise Agreement.

ORGANISATIONAL INFORMATION

Grampians Health was established on 1 November 2021, bringing together Edenhope and District Memorial Hospital, Stawell Regional Health, Wimmera Health Care Group and Ballarat Health Services as one united health service. More information can be found at www.grampianshealth.org.au

Our purpose is to provide high quality and accessible health care services in each of the communities we serve. We currently service the healthcare needs of more than 250,000 Victorians and we employ more than 6,300 people across 21 campuses and sites with an annual operating revenue of over \$700m.

Collaboration	Compassion	Accountability	Respect	Innovation
<i>We are stronger together.</i>	<i>We show that we care.</i>	<i>We do what we say and say what we do.</i>	<i>We appreciate and value all people.</i>	<i>We adapt and innovate to achieve best outcomes.</i>
Recognising and utilising strengths to share knowledge, solve problems, build relationships and deliver the best outcomes possible.	All people deserve to be treated with compassion, kindness and empathy.	Openness, honesty and transparency support us to be courageous, take responsibility for our actions and follow through on our commitments	Our actions and words reflect our commitment to a safe and fair health service for all.	Every day, we apply expertise and integrity to make responsible choices, always striving for continuous improvement.

POSITION PURPOSE

The Eating Disorder Clinician:

- Will lead the development of the adult component of the Grampians Health Eating Disorder Program. Responsible for internal and external stakeholder engagement supporting referral pathways, community engagement and a multidisciplinary model of care that bridges both Hospital and Community settings.
- Participate in ward rounds, inpatient and outpatient care coordination.
- Work collaboratively with the paediatric eating disorder service to allow a seamless eating disorder transition across all ages, including from the paediatric program to the adult program.
- Provide expert clinical service to support the management of people with complex eating disorders. Working collaboratively with medical, nursing, allied health and mental health teams in coordinating care.
- Providing support and advice to families, medical, nursing and allied health staff, GP's and other health and welfare services.
- Will participate in decision making and discharge planning to ensure the safe and effective discharge of patients to the community, and that there is an appropriate treatment plan in place, implemented and regularly reviewed.

KEY ACCOUNTABILITIES

- Ability to work collaboratively with Grampians Mental Health and Wellbeing Services (GMHWS) teams to manage complex Eating Disorder presentations.
- Develop and oversee internal capacity building for GMHWS Mental Health clinicians to manage complex Eating Disorder presentation.
- This role is pivotal in developing professional relationships and clinical pathways with internal and external key stakeholders including medical, paediatric and CEED.
- Maintain effective and timely communication with other health care providers.
- Assist in development and maintenance of effective linkages to key health service networks, strong interagency relationships with people with eating disorders.
- Model family inclusive and recovery orientated practice.
- Document and clinical review consumer care within usual team processes and procedures in the consumers medical file.
- Sound knowledge of Victorian Eating Disorder Strategy 2024-2031.
- Maintain statistics and records reflecting the expectations and required standards consistent with Grampians Health policies, procedures and discipline-specific standards.
- Demonstrate clinical leadership, influence and actively participate in relevant training and education for self and team members aiming to attain best health outcomes for consumers, their families and the community in accordance with Grampians Health policies.
- Maintain effective communication systems with the Clinical Psychiatrist and Treating Clinician to ensure the optimal provision of services within the team.
- Proactive participation in Grampians Health committees, working parties, focus groups and other subgroups relevant to the continuous development of knowledge and skill and clinical processes that underpin the quality of clinical services provided.

- Utilise specialised knowledge and skill to positively influence productive and progressive attitudes towards the ongoing development of Grampians Mental Health and Wellbeing Services.
- Participate in relevant research projects as required related to the target group.
- Provide high level clinical risk assessment and treatment of Adult Eating Disorders in conjunction with other members of the treating team and in accordance with current best practice in the treatment of Adult Eating Disorders.
- Ability to work collaboratively with GMHWS mental health to manage complex eating disorder presentations.
- Develop and oversee internal capacity building for GMHWS mental health clinicians to manage complex eating disorder presentations.
- This role is pivotal in developing professional relationships and clinical pathways with internal and external key stakeholders including medical, paediatric and SEED.
- Maintain effective and timely communication with other health providers care.
- Assist in the development and maintenance of effective linkages to key health service networks.
- Model family inclusive and recovery orientated practices.
- Document and clinically review client care within usual team processes and procedures in the client medical file.
- Sound knowledge of Victorian Eating Disorder Strategy 2024-2031.
- To maintain statistics and records reflecting the expectations and required standards consistent with GMHWS - MHS policies, procedures and discipline-specific standards.
- Demonstrate clinical leadership, influence and actively participate in relevant training and education for self and team members aiming to attain best health outcomes for patients, their families and the community in accordance with GMHWS – MHS policies.
- Maintain effective communication systems with the Clinical Psychiatrist and Treating Clinician to ensure the optimal provision of services within the team.
- Proactive participation in GMHWS - MHS committees, working parties, focus groups and other sub-groups relevant to the continuous development of knowledge and skill and clinical processes that underpin the quality of clinical services provided.
- To positively utilise specialised knowledge and skill to continually influence productive and progressive attitudes towards the ongoing development of the mental health services.
- To participate in relevant research projects as required.
- To maintain and work a roster in accordance with service requirements at the direction of the Manager.
- Lead staff with the development and implementation of management plans to support people experiencing eating disorders and associated co-morbid mental health difficulties and their families/carers.
- Facilitate professionals and personal development by networking with other professional/community groups.

KEY SELECTION CRITERIA

Qualifications and experience

- Relevant professional qualification in a health-related discipline (psychology, nursing, social work or occupational therapy); current registration where applicable.
- Relevant extensive experience and expert skill in and ongoing commitment to the delivery of evidence-based and best practice, family-inclusive treatments of, or presenting with, a significant mental disorder; demonstrated expertise in the application of knowledge in current evidence-based treatment practices and approaches.

Clinical Knowledge:

- Demonstrated knowledge and understanding of contemporary evidence- based treatments and/or best practices.
- Ability to recognise and proactively co-ordinate clinical responses within a multidisciplinary team context on a day-to-day basis. Provides authoritative advice, reasoned recommendations and evidence-based solutions to complex presentations. To work both independently and as part of a multi-disciplinary team.
- Sound knowledge of Victorian Eating Disorder Strategy 2024-2031.
- Demonstrates knowledge of, and the ability to interpret and apply, relevant legislation, including but not limited to Mental Health and Wellbeing Act 2022, Guardianship & Administration Act, Children Youth & Families Act 2005, Privacy Act 2000, Because Mental Health Matters, Victorian Mental Health Reform Strategy 2009-2019 and policies governing practice standards, including the National Standards for Mental Health Services, and the National Practice Standards for the Mental Health Workforce.
- Extensive experience and proven ability in the assessment and treatment of people with eating disorders.

Interpersonal Skills:

- Demonstrates effective communication and interpersonal skills; the ability to develop and maintain effective working relationships with patients, families, significant others, colleagues and other service providers such as health, education, welfare and child services, maternal child health services and private providers.

Leadership Skills:

- Demonstrates an ability to provide leadership, including developing clinical expertise within the team through mentoring, training, teaching and supervision. Operates with a high level of individual integrity, responsibility and professionalism. Has the capacity to be a consistent and reliable role model within the team.

ORGANISATIONAL REQUIREMENTS

- Grampians Health is committed to a consumer centred approach in the provision of health care and services, consistent with our values, purpose and vision. It is expected that team members demonstrate the core values of consumer centred care in every interaction.
- All team members of Grampians Health are responsible for supporting the safety, participation, wellbeing and empowerment of children.
- Quality care is a strategic and operational priority at Grampians Health, achieved through our Governance Framework.
- Participation in the Grampians Health integrated quality improvement and risk management systems by being aware of responsibilities to identify, minimise and manage risks and identifying opportunities for continuous improvement in your workplace through communication and consultation with managers and colleague.
- You must ensure that the affairs of Grampians Health, its patients, clients and staff remain strictly confidential and are not divulged to any third party except where required for clinical reasons or by law. Such confidentiality shall extend to the commercial and financial interests and activities of Grampians Health.
- In accordance with current legislation and organisational policy, employees must be willing to undertake and maintain a police check, working with children check and where necessary an NDIS Worker screening check. Ongoing employment will be dependent on the provision of satisfactory checks.

OTHER RELEVANT INFORMATION

- At Grampians Health we recognise and respect diversity. Each person has a right to high-quality health care and opportunities regardless of diversity factors which might include aspects such as cultural,

ethnic, linguistic, religious background, gender, sexual orientation, age, and socioeconomic status. Inclusiveness improves our service to our community and promotes engagement amongst Grampians Health employees.

- All Grampians Health employees are required to take reasonable care of their own health and safety in the workplace as well as take reasonable care for the health and safety of others who may be affected by their acts or omissions. Persons with delegated management functions have an additional duty to provide and maintain a working environment that is safe and free of risks to health, so far as is reasonably practicable in areas where they have management or control. All employees have a duty to report issues they cannot rectify, follow all existing Grampians Health policies and protocols relating to health, safety, wellbeing and injury management and cooperate with any action taken by Grampians Health to comply with the OHS Act or Regulations.
- Statements included in this Position Description are intended to reflect in general the duties and responsibilities of this position and are not to be interpreted as being all inclusive.
- Management may alter this Position Description if and when the need arises. Any such changes will be made in consultation with the affected employee(s).
- An annual performance review will occur with your Manager. Your performance review is intended to be a positive discussion, outlining the key roles and responsibilities outlined in this Position Description. The performance review discussion provides an opportunity to clarify your role, revise key performance activities and identify any objectives or goals for the year ahead.